

DIRECTOR'S LETTER:

A remarkable year ...

Inspiring. Full of possibilities. Bright. (And busy.) That's the view from our world during the past year at UCP of Northwest Missouri.

During the past year, we've accomplished some "over the top" goals, and we thank you for your help and support.

Opening Doors, Instead of Waiting Lists

Space. It's a challenge we face daily at UCP as referrals and need for our outstanding services continue to grow. When we learned in the spring of 2010 that we had more referrals than we could serve for fall 2011 in our preschool program, we took action. Our Board of Directors completed a plan to open a new classroom for 3-year olds with disabilities instead of placing these children on a waiting list. Now we're moving forward with our education and therapy programs, without losing precious time during the critical early childhood window.

Room to Grow in New Adult Program Expansion

Demand and need for our Adult Program services also continues to grow. Through the insight and strategic planning of our Board and our supporters, UCP was able to offer a new 1,700-square foot expansion to our building instead of placing consumers on a waiting list. The new space also allows our adult consumers to experiment with new physical equipment, learn new life skills and participate in exciting group activities. The expansion officially opened in September of 2010, just in time to prevent a waiting list that would have kept consumers from finding the help they need. This amazing project was brought to reality by the generosity of the Davuluri family and support from Progressive Community Services.

New Partuers to Help Students Transition into Adulthood

Few milestones carry as much importance as the transition from high school to the workplace, and UCP has always strived to open doors to diverse and productive career or training options for students with disabilities.

In answer to this challenge, this year the UCP Employment Services program worked with the St. Joseph School District, Vocational Rehabilitation and Progressive Community Services to create a Community Transition Team. The team completed specialized training in Jefferson City, along with similar teams from across the state, to help families learn their options for establishing a smooth transition from high school into employment and adulthood.

Chili Challenge Demonstrates Community's Passion for UCP

Finally, what does the Civic Arena packed with guests, volunteers, consumers and local teams who love UCP look like? It looks truly amazing. This year's Chili Challenge was truly over the top, with total support for our organization exceeding \$120,000 .We couldn't ask for a more generous and creative group of teams and participants who are willing to raise support for UCP.

This year we've created more space, formed stronger partnerships and rallied more community support than ever. The world at UCP looks truly packed with possibility, and we thank you.

Just Agliano

Teresa Gagliano, Executive Director, UCP of Northwest Missouri

UCP Board of Directors:

<u>President</u> Barb Martin, Ph.D.

<u>Vice President</u> Kevin Smith

<u>Secretary</u> Jared Brooner

<u>Treasurer</u> Gregg Roberts **Members**

Jessica Barhke

Caroline Clark-Murphy

Rick Gilmore Stena Hinkle Sibyl Jura, M.D. Michael Moore Elaine Smith

Frank Stanley
Merrilee Whitson

Erin Tate Kevin Nesbitt



The mission of UCP is to positively affect the quality of life of persons with cerebral palsy and other disabilities through the provision of direct services, community education and advocacy.

ADULT PROGRAM:

New space, new outlook ...

Computer sessions. Small group discussions. Cooking classes. Community engagement through service. No matter which area of activity, new skills and independence are the goals of the UCP Adult Program.

Each consumer has an individual plan to target skill development that is unique to their needs, and the past year's expansion continue to turn consumers' goals into tangible realities.



New Freedom, New Strength, New Space

For people with disabilities who are used to engaging with the world while sitting down, the feeling of leaving the wheelchair to exercise means an invigorating new type of freedom.

The recent opening of the

1,700-square foot expansion to the Adult Program is allowing consumers to leave their wheelchairs for exercises on the mat or in custom equipment, offering a tremendous opportunity for developing new skills — physically, emotionally and socially.



and mats are used by Adult

Program consumers daily, and it's easy to see how much they appreciate the chance to leave their chairs and stretch. The options are endless. For consumers with autism, for example, the swings are an excellent outlet for activity and can be enjoyed alone or with a partner.

From volleyball to badminton, shuffle board and kickball, consumers continue to enjoy new large-group activities in the multipurpose room that weren't possible before. Not only do the activities help build physical skills, they're so exciting that even hesitant individuals are joining in the group fun.

Expanded Computer Lab Opportunities

This year, a new computer lab was installed in the Adult Program enrichment area, which allows individuals to spend more time on the computers and to engage in group-based challenges. One of these activities involves an enrichment group who is tracking their



EARLY INTERVENTION AT UCP:

Olivia's story



7hree years ago, our Olivia was born with Down

syndrome. The initial shock took over, and it was difficult to see anything other than her disability. At first, all we could see was what she "won't be able to do."

Thankfully, family, friends, and community support immediately started coming forward. When Olivia was only two days old, we came home to find more than 10 messages on our answering machine.

One of those messages...possibly the most important...came from First Steps of Missouri. First Steps is an organization whose mission is to provide early intervention services to children, ages birth to three, with developmental delays or disabilities. First Steps initiated the process for UCP therapists to come into our home to assess and work with Olivia and our entire family.

Trom three weeks of age. Olivia has been receiving physical, speech, and occupational therapies in our home, at daycare, and in preschool. The therapists really care about Olivia and our family. We, as her parents and also her grandparents, were taught crucial "play" techniques that are so very important for day-to-day life. The therapists' devotion is obvious when you see Liv's progress.

"At nearly three, she's walking, jumping, laughing, using sign language, talking, playing...and just being three. Without early intervention and the therapists and teachers at UCP, Olivia wouldn't be where she is today."

At nearly three, she's walking, jumping, laughing, using sign language, talking, playing...and just being three. Without early intervention and the therapists and teachers at UCP, Olivia wouldn't be where she is today.

Our goal, like all parents, is for Olivia to learn and grow in an environment with her typical peers.

Ultimately, we want her to have independence. With UCP's services and help at such a young age, she is well on her way.

Olivia begins preschool with the St. Joseph School District in a matter of days. Are we nervous? Yes. But we now know that with thorns comes at least one rose. And usually, there are more.

Thank you, UCP.

Tara Stoll, Olivia's Mom



Olivia, now 3, has received occupational, speech and physical therapy in natural settings from UCP since she was three weeks old.

PRESCHOOL AT UCP:

Elliott's story

What does the world look like when you're a fiveyear old boy who rolls in a wheelchair instead of jumping or running?

The world looks amazing, and it's full of adventures to explore. I'd like to share a story to let you know how much UCP of Northwest Missouri has meant to Elliott and to our family.

"Mom, why don't my legs jump?" my fiveyear old son Elliott asked. "They're made differently," I told him. "They're good for lots of other things."

"Yeah, like sitting, and for rolling in my wheelchair, and they're great for holding my dog Wilson," he said. Then Elliott was off, doing little boy things like tossing around a basketball and sometimes getting into mischief.

He doesn't see himself at any kind of disadvantage in this world, even though he was born with Spina bifida, a



nowhere else"

<u>Able</u>. This is what UCP means to my family, and to hundreds of others. It means my son Elliott, who was born with a physical disability, is able to work through challenges in his life alongside his peers and learn and grow in a setting that's like nowhere else in Northwest Missouri.



child growing alongside children of all different

abilities ...

UCP's Preschool and therapies allow children with and without special needs the opportunity to play, learn and discover their world together. The educational programs and therapeutic interventions at UCP are delivered by highly trained individuals who respect and care for each child and adult client.

An understanding of human differences

Just six weeks after Elliott's birth, we started working with a UCP physical therapist. By the time he was old enough for preschool, there was no question where he should attend. The professionals at UCP have been with us through all the new challenges that Elliott has faced.

They promote understanding of human differences, and the children at UCP are encouraged to embrace all differences and to foster strengths.

Sincerely,

Caroline (Carrie) Clark-Murphy, Elliott's Mom



25TH ANNUAL UCP CHILI CHALLENGE:

Breaking records with support of over \$120,000



UCP CHILI CHALLENGE PEOPLE'S **CHOICE WINNER: 1st Place** *Nestle Purina* \$38,352.00

Additional Winners:

People's Choice:
3rd Place, Long Branch Crop Tours Ltd., \$5,457.00

People's Choice Commercial:

1st Place, CBIZ Insurance, \$3,175.00 2nd Place, Buffalo Bar, \$1733.60 3rd Place, Knights of Columbus, \$1,050.08

People's Choice Amateur:

1st Place, The Sisters Three, \$4,982.00 2nd Place, Come On Ice Cream, \$1,280.55 3rd Place, *PJ's & MJ's*, \$597.00



UCP CHILI CHALLENGE PEOPLE'S **CHOICE WINNER: 2nd Place** Scottish Rite Boys Are Back, \$27,684

Chili Award Winners: Missouri State Champions:

1st Place, Apple Market West #752

Professional:

1st Place, Apple Market West #752

Amateur:

1st Place, Spontaneous Combustion II

Commercial Sponsor:

1st Place, Hi Ho Bar & Grill

All Beef Sponsored:

Ist Place, Pop's Place

2011: THE HOT-**TEST UCP CHILI** CHALLENGE EVER

The glowing faces at the Civic Arena in March 2011 said it all, as Chili Challenge fundraising records were broken and new heights of community support were reached.

Top Sponsors

St. Joe Beverage/Miller Lite Murphy Watson Burr Eye Center Sam's Club Johnson Controls

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Major Sponsors

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Sponsors

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Chili Chums

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Media Sponsors

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K-Jo 105, Oldies 1550, Q Country 92.7 FM KO2 News

St. Joseph News Press

2011 Chili Champs:

A very special thanks to the 2011 Chili Champs who collected or presented gifts to UCP prior to the event.

Merrilee Whitson

James III and Kathy Atchity Barbara Barton Rebecca Barton CJ & JR Matt Barbara Read Susan Wagner James Whitson Insurance Whitson Farms

UCP's Adult Program

James & Helen Connors Ursula McMillian

UCP's Children's Program

Dixie Hollars Nancy Lear Brian & Kelly Marshall Bill & Ruth Mooney Genevieve C. Norton Tom & Robin Norton Lynn Owen Robert & Susan Roth David & Brenda Spinner Sara Summers Jeanina Watson Todd & Heather Weddle



UCP EMPLOYMENT SERVICES:

Emily's story

Pew transitions in life are as important as the shift from education to employment. For the past 20 years, UCP has provided individuals



with disabilities the tools they need to find a job, learn to succeed at that job and maintain it independently for the long-term. Our staff are experts at evaluating consumers' vocational skills and helping find the right match in a meaningful employment position.

Through the Employment Program, consumers receive the support they need up-front as they find and begin work at a position, with the goal of long-term employment.

Emily's Story:

Emily has been participating in Employment Services at UCP since 1999. As she progresses through her employment journey, Emily has gained work skills at Burger King and Carlos O'Kelly's, among other local businesses.

When Emily expressed a desire to expand upon her skill set, the team at UCP's Employment program helped her locate and begin a position as "Demo" employee at Sam's Club. Each day on the job, Emily greets numerous customers and explains the samples Sam's Club is offering. It's an opportunity that lets her people skills shine.

Compliments for Emily's service and her dedication continue to come to UCP from the Sam's Club management team, and UCP will work with Emily to ensure her ongoing success and satisfaction with her new position.

THANK HOW!!

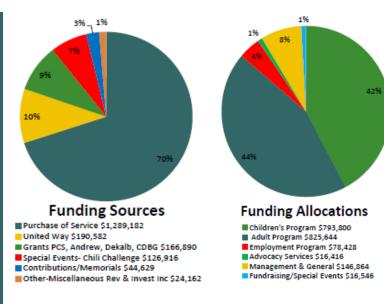
2011 Chili Champs: (cont.)

Mallory Bray, left, was a 2011 Chili Champ. She collected gifts of at least \$25 from 25 people to support UCP prior to the Chili Challenge. Thank you Mallory, and all your Chili Champs!

Mallory Bray

Brad & Minnie Bray
Kellie Bray
Kenneth & Margaret Bray
Cylinda G. David
Jon & Cylinda David
Mike & Denise Earley
Chris & Amy Enright
Jeff & Laura Harbison
Joshua & Dixie Hollars
Kristin Larson
Nancy Lear
Jane Fordyce Insurance Agency

Ryan & Lynda Lerette
Dallas & Andi Lockridge
Brian & Kelly Marshall
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Gary & Patty Rinehart
Kenneth & Chris Rucker
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Kristyn Wilcoxson-Olson
Jeffery & Kristal Zerr
Bench Therapy Services, LLC
Earley Tractor, Inc.



WANT TO CHANGE THE WAY THE WORLD LOOKS FOR A CHILD OR AN ADULT WITH A

DISABILITY? SO DO WE. Your gift helps children learn alongside their peers as they get ready for the transition to school. Your gift helps students with disabilities achieve a new outlook on life through meaningful work. With your support, individuals in our Adult Program are experiencing the world through group activities and new life skills, even outside of their wheelchairs. Thank you for seeing the world the way we do ... amazing and full of possibilities.

THANK YOU FOR A REMARKABLE YEAR!

SUCCESS, BY THE NUMBERS: UCP OUTCOMES REFLECT TREMENDOUS IMPACT

ADULT PROGRAM:

- Individuals served 69
- 100% of individuals learned skills toward independence
- 96% increased computer skills; 96% increased life skills
- 100% of individuals are active members of the community

CHILDREN'S PROGRAM:

- Children served 274
- 100% of children served increased developmental skills
- 97% of children and families reported a successful transition
- Satisfaction survey results are 3.89, on scale of 1 to 4

EMPLOYMENT SERVICES:

- Individuals served 24
- 82% of individuals are maintaining long-term employment
- 94% of individuals are satisfied with Supported Employment services

ADVOCACY SERVICES:

 Number of individuals and families who received information and referral to services at UCP - 53

Individual Donations

Anonymous Suecilla Adwell Gail Balliu Phyllis Benitz

George & Ruth Bishop
Brian & Francie Bradley
Jared & Cara Brooner
Mark & Jo E Bryson
Clay Buntrock
James Burnham

James Burnham Jerry Campbell Wally Campbell Jim & Susan Carolus

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Gray Manufacturing Company, Inc. Hershewe and Company, PC

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The Fabric of America Fund Fraternal Order of Eagles Ladies

Auxiliary

Rotary Club of St. Joseph #32 St. Joe Women on the Go

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Charitable Fund

Heartland Foundation

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"Sarge" Glenn Williams Stephens III

Mark & Rebecca Butler William & Joan Farrell

S & D Hall

Wendy Wilkerson

Jerry & Barbara Wilkerson Earlene McFadden

David Hagen

Mark & Sara Hagen

Katherin McKay

Richard & Jeannine Hinkle

In Memory of...

Rita Martinez

Ron & Mary Anderson Dale & Sharon Blanton

Kathy Bravo

Leo & Amelia Bravo

Paul & Beth Emmendorfer

Malick & Rosemary Foley

Mr. & Mrs. Dick Frakes

Marge Gould

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Reeps Family Jim Rhodes

Rubey

Ron & Darlene Swertzic

Rick Taylor

Richard & Deanna Whitford

In Honor of...

Ruby Smith

Murray & Florence Birchansky

Elliott Murphy

Bill & Priscilla Carpenter

Dr. Scott Murphy

Dr. Wallace McDonald

Matthew Ziesel & Bryan McIIvoy

Pat & Margaret O'Malley

